

Mill Park Leisure

Holiday Group Fitness

Timetable

Public Holiday Schedule:

Friday 18th - Friday 25th April

	GOOD FRIDAY	EASTER SATURDAY	EASTER SUNDAY	EASTER MONDAY
8:15AM	CLOSED	BODYPUMP		AQUA
8:30AM		REFORMER PILATES	REFORMER PILATES	REFORMER PILATES
		YOGA		
9:30AM		BODYSTEP	REFORMER PILATES	REFORMER PILATES
		CYCLE		BODYPUMP
		REFORMER PILATES		
10:15AM				AQUA
10:30AM			ZUMBA	
10:35AM				BODY COMBAT
10:15AM				
11:40AM			BODYPUMP VIRTUAL	BODY BALANCE VIRTUAL



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