

Mill Park Leisure 24/7 Access Terms & Conditions



Your Membership gives you the right to access and use the facilities during unstaffed hours, as such, you must comply with the 24/7 additional Terms and Conditions. Nothing in this document limits your other obligations, including the obligation to comply with all of our Terms and Conditions and the Membership Agreement.

1.1 Your physical condition

- (a) You must complete a health screen questionnaire before accessing our facilities during unstaffed hours. As a result of this we may require you to seek guidance and provide written authorisation from your general practitioner or an appropriate allied health professional that you are fit to use our facilities during unstaffed hours.
- (b) You promise that information you disclose to us will be true and accurate and not misleading in any way. You must not attend or use the facilities whilst you are suffering from any illness, disease, injury or other condition that could present a risk to the health or safety of other members or yourself.
- (c) Prior to using the facilities, you promise that you are in good physical condition and you do not know of any reason why you may not be able to exercise safely. If you feel unsure that you can make this promise, we ask that you do not use the facilities until we have completed your health and fitness profile.

1.2 Proper use of equipment

You must attend a 24/7 induction with one of our staff before you use the facilities during unstaffed hours. You promise to take care when using the facilities, which includes the appropriate and safe use of equipment.

1.3 Rules of good behaviour

We display rules that apply to everyone using the facilities in order to promote health and safety and the protection of property. Our Terms and Conditions are available on our website and will be provided to you upon request.

1.4 We can refuse you entry

We can refuse you entry to the facilities or cancel your membership immediately if you behave in a way that in our opinion is seriously risky or inappropriate, such as if you threaten or harass others, deliberately or recklessly damage equipment or facilities or if you use or distribute illegal or performance enhancing drugs.

1.5 Outstanding fees

You agree that we will refuse you entry to the facilities during unstaffed hours if your membership fees are outstanding.

1.6 Membership RFID Key FOB

In the instance that your membership RFID fob is lost or stolen you must notify the centre immediately to arrange a replacement. A replacement fee of \$14 applies.

1.7 Orientation

You acknowledge that in order for you to use the facilities during unstaffed hours, you will undertake our current orientation which will include the following items:

- (a) how to access the facilities during unstaffed hours;
- (b) the location of the automatic defibrillator, first aid kit, fire extinguishers, emergency exits and assembly area; and
- (c) the location of the duress alarms.
- (d) prohibited areas and equipment i.e. GX Studio, Reformer Pilates Studio, Pool Hall.
- (e) that you are 18 years or over

1.8 Duress alarm

You agree to:

- (a) only activate the duress alarm in the event of an emergency, otherwise you will be liable for associated callout charges incurred by the security and emergency service providers.

1.9 Use of the facility and equipment

When using the facility during unstaffed hours, you:

- (a) acknowledge that you enter and use the facilities at your own risk;
- (b) register your attendance via the entry access to the facility;
- (c) must bring a towel for each workout and wear appropriate fully enclosed footwear at all times;
- (d) must ensure there is a spotter when using heavy weights or doing free weight exercises;
- (e) use of barbell bench press and incline bench press during unstaffed hours is prohibited;
- (e) must not allow another person to use your membership access RFID key FOB
- (f) must not allow or enable another person/member to enter the facility or penalties may apply such as cancellation of 24/7 access or cancellation of your membership.

Reporting obligations

If there is a health and/or safety concern about the equipment or any other concerns regarding the facilities during unstaffed hours, you must report your concerns to us by emailing mpl@activewhittlesea.com.au

Mill Park Leisure 24/7 Induction Checklist

Checklist	Completed Y/N
Member is aware of the facilities operating and staffed hours	
Member is aware of the specific areas closed outside staff hours – Aquatics Area, Foyer Program Rooms and Assessment Rooms.	
Member has been shown how to use duress alarms and lanyards in case of emergency	
Member has been shown emergency exits and evacuation plans	
Member has been shown first aid kit location and automatic defibrillator location	
Member has been shown how to use their membership RFID key FOB to access the gym	
Member has been shown the location of the bathroom to be used during 24/7 operation	
Member has completed Par-Q	
Member has been advised to exercise at a lower intensity during unstaffed hours	
Member has been advised to wear duress lanyard during workout and going to bathroom	
Member has booked or completed a BEGINNING appt.	
Member is aware of appropriate clothing and footwear to be worn in the gym	
Member has been shown how to use cardio equipment	
Member has been advised to not use bench press or incline bench press during unstaffed hours.	
Member has been advised that if they are going to use the squat racks during workout, that they must have safety bars set up.	
Members have been shown how to set up safety bars on the squat rack.	
Members have been shown the location of the hydration station.	