



**Chloe
Radovic**

Personal Trainer

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Areas of expertise

- General fitness
- Functional strength training
- Strength training for long distance runners (5km-marathon)

Qualifications

- Bachelor of High Performance Sport (final year)

Bio

Chloe, the only sports fanatic in her family, grew up as a swimmer competing at state-level competition for freestyle and butterfly before moving into recreational long distance running 6 years ago. She has since completed a marathon, several half marathons and countless 5km and 10km events in Victoria, Queensland and Japan. Chloe is extremely passionate about sports, particularly AFL, swimming and running but will watch practically anything and loves to learn the intricacies to different sports.

Chloe believes in the importance of education as a fitness professional and aims to help clients view fitness from a holistic approach and as part of a healthy lifestyle not just a means to lose weight or tone up. Chloe loves watching people benefit mentally, emotionally and physically from their fitness training and enjoys seeing how this changes their lives.