



**James  
Kolivas**

**Exercise Physiologist**

## Exercise Physiologist

### Specialises in

- Clinical management of diabetes and various other metabolic pathologies
- Return to work rehabilitation and conditioning
- Use of exercise as a treatment modality in the management of mental health and chronic pain complications
- Specialised exercise interventions for patients with a range of chronic neurological conditions

### Qualifications and Experience

- Master of Clinical Exercise Physiology
- Bachelor of Applied Science (Exercise and Sports Science)
- Certificate IV Allied Health Assistance (AHA)

### Bio

James joined the workforce as a clinical Exercise Physiologist and VET Student Supervisor in late 2020. While completing his Masters he completed grade IV AHA certification to expand his professional skillset across population groups and pursue his passion. As an Accredited Exercise Physiologist (AEP), he has experience in metabolic, cardiovascular, and musculoskeletal pathologies, with a fascination in neurological and paediatric fields. He also enjoys Resistance Training and has a passion for educating in the field of physiology.