



**Courtney  
Van Diesen**

**Exercise Physiologist**

## Exercise Physiologist

### Specialises in

Clinical exercise interventions for the management and/or prevention of:

- Cardiac and pulmonary rehabilitation
- Management of metabolic conditions, including diabetes
- Bone and joint issues and musculoskeletal injuries
- Cancer and chronic pain

### Qualifications and Experience

- Bachelor of Exercise Science
- Master of Exercise Physiology

### Bio

Courtney comes from a small country town and because of this, she knows how hard it is at times to access quality healthcare. As an Accredited Exercise Physiologist (AEP), Courtney aspires to provide an alternative option to traditional treatment methods through the use of exercise to assist clients in better managing and/or overcoming their conditions.